



## Legislation Text

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**File #:** 24-2256, **Version:** 1

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**Department:** Public Health Services

**Department Head/Elected Official:** Barbie L. Robinson, MPP, JD, CHC – Executive Director

**Regular or Supplemental RCA:** Regular RCA

**Type of Request:** Interlocal Agreement

**Project ID** (if applicable): ARPA\_CDP

**Vendor/Entity Legal Name** (if applicable): Harris County Hospital District dba Harris Health System

**MWDBE Contracted Goal** (if applicable): N/A

**MWDBE Current Participation** (if applicable): N/A

**Justification for 0% MWDBE Participation Goal:** N/A - Goal not applicable to request

**Request Summary (Agenda Caption):**

Request for approval of an interlocal agreement with The Harris County Hospital District d/b/a Harris Health System to refer at-risk patients to the Diabetes Prevention Program for services between October 1, 2024 - September 30, 2025.

**Background and Discussion:**

The Diabetes Prevention Program (DPP) at Harris County Public Health is a free lifestyle change program for individuals over the age of 18 with pre-diabetes within Harris County. 37 million Americans have diabetes (1 in 10), and the Centers for Disease Control and Prevention estimates 90-95% of cases are type 2 diabetes. The goal of the DPP is to make it easier for individuals with prediabetes to participate in affordable, high-quality lifestyle change programs to reduce their risk of type 2 diabetes and improve their overall health. Harris Health System is a community-focused academic healthcare system that is committed to improving the health of those most in need in Harris County through quality care delivery, coordination of care, and education. With this collaboration and partnership, the goal is to bridge the gap for Harris County community members to receive high quality, affordable education.

**Expected Impact:**

The impact of this initiative to refer Harris Health System patients to the Diabetes Prevention Program (DPP) will include 1) increased coordination of care between clinical and community-based settings for pre-diabetes education; 2) increased accessibility to DPP services through the reduction of transportation barriers for at-risk patients; 3) meeting or exceeding DPP's key performance indicators; and 4) increased dedication and attention towards delivering high-quality education and services.

**Alternative Options:**

Court could choose to not accept this agreement which may interrupt diabetes prevention services and education for residents at risk for type 2 diabetes.

**Alignment with Goal(s):**

- ☐ Justice and Safety  
☐ Economic Opportunity  
☐ Housing  
☒ Public Health  
☐ Transportation  
☐ Flooding  
☐ Environment  
☐ Governance and Customer Service

**Prior Court Action (if any):**

| Date | Agenda Item # | Action Taken |
|------|---------------|--------------|
| N/A  |               |              |

**Location:**

Address (if applicable): N/A

Precinct(s): Countywide

**Fiscal and Personnel Summary**

|   |       |                          |       |                    |
|---|-------|--------------------------|-------|--------------------|
| Service Name  |       |                          |       |                    |
|   |       | Current Fiscal Year Cost |       | Annual Fiscal Cost |
|   | Labor | Non-Labor                | Total | Recurring Expenses |
| <b>Funding Sources</b>  |       |                          |       |                    |
| <b>Existing Budget</b>  |       |                          |       |                    |
|   | \$    | \$                       | \$    | \$                 |
|   | \$    | \$                       | \$    | \$                 |
|   | \$    | \$                       | \$    | \$                 |
| Total Current Budget  | \$    | \$                       | \$    | \$                 |
| <b>Additional Budget Request</b> ( <i>Requires Fiscal Review Request Form</i> ) |       |                          |       |                    |
|   | \$    | \$                       | \$    | \$                 |
|   | \$    | \$                       | \$    | \$                 |
|   | \$    | \$                       | \$    | \$                 |
| Total Additional Budget Request   | \$    | \$                       | \$    | \$                 |
| <b>Total Funding Request</b>  | \$    | \$                       | \$    | \$                 |
| <b>Personnel</b> (Fill out section only if requesting new PCNs)                 |       |                          |       |                    |
| Current Position Count for Service  | -     | -                        | -     | -                  |

|                              |   |   |   |   |
|------------------------------|---|---|---|---|
| Additional Positions Request | - | - | - | - |
| <b>Total Personnel</b>       | - | - | - | - |

**Anticipated Court Date:** April 23, 2024

**Anticipated Implementation Date (if different from Court date):** April 23, 2024

**Emergency/Disaster Recovery Note:** Not an emergency, disaster, or COVID-19 related item

**Contact(s) name, title, department:** Dr. Ericka Brown, Director of the Community Health and Wellness Division, Public Health Services

**Attachments** (if applicable): Interlocal Agreement