



Legislation Text

File #: 21-5518, **Version:** 1

Department: Commissioner, Precinct 2

Department Head/Elected Official: Commissioner Adrian Garcia

Regular or Supplemental RCA: Regular RCA

Type of Request: Transfer of Funds Only

Project ID (if applicable):

Vendor/Entity Legal Name (if applicable): UTHealth Houston Trauma and Resilience Center

MWDBE Participation (if applicable):

Request Summary (Agenda Caption):

Request by the Commissioner of Precinct 2 for transfer of funds to UTHealth Houston Trauma and Resilience Center to provide service delivery of best practices, evidence-based psychotherapy of COVID-19 related trauma to domestic violence victims and first responders.

Background and Discussion:

The Trauma and Resilience Center (TRC) at UTHealth provides exclusively gold standard, evidence-based psychotherapy via home-based telemedicine (since before the pandemic, to address barriers to accessing care in lower income populations) to survivors of trauma and extreme stress events. They have become a local resource for both patients and providers seeking services that their existing employee assistance programs or general counselors cannot or do not provide. TRC sees the worst of the worst trauma related cases and has created specialty tracks and funding for Veterans and their families, Elder Abuse, and First Responders (funding ended October 1). They also have specialty unfunded tracks for family and domestic violence. They would like to establish funding for this last group of domestic and family violence survivors, and to re-establish funding for first responders because the need is so great and exacerbated by COVID19 stresses. In fact, in the past year, requests for TRC services have increased over 300%, exacerbated by COVID-19 related impacts.

Expected Impact:

- Telephone-based information and referral = 1,750 new patients minimum
- Telehealth/in person intake and full psychological assessment in preparation for treatment = 360 new patients
- Treatment initiation = 300 unduplicated
- Treatment sessions = 12-25 weeks per patient
- About 65% of the 320 will complete 10-15 weeks of treatment. This conservatively translates to 300 patients x 10 weeks of treatment sessions x .65 = **2,000 treatment sessions per year**

Alternative Options:

Alignment with Goal(s):

- ☐ Justice and Safety
- ☐ Economic Opportunity
- ☐ Housing
- ☒ Public Health
- ☐ Transportation
- ☐ Flooding
- ☐ Environment
- ☐ Governance and Customer Service

Prior Court Action (if any):

Date	Agenda Item #	Action Taken

Location:

Fiscal and Personnel Summary				
Service Name		FY 21-22	Estimates	
			FY 22	Next 3 FYs
Incremental Expenditures				
Labor Expenditures		-	-	-
Non-Labor Expenditures		-	-	-
Total Incremental Expenditures		-	-	-
Funding Sources (General Fund, PIC Fund, Debt or CP, Grants, or Other - Please Specify)				
Existing Budget	Precinct 2-	\$200,000.00-	-	-
	-	-	-	-
	-	-	-	-
Total Current Budget		-	-	-
Additional Budget Requested	-	-	-	-
	-	-	-	-
	-	-	-	-
Total Additional Budget Requested		-	-	-
Total Funding Sources		-	-	-

Personnel (Fill out section only if requesting new PCNs)			
Current Position Count for Service	0-	-	-
Additional Positions Requested	0-	-	-
Total Personnel	0-	-	-

Anticipated Implementation Date: Upon approval

Emergency/Disaster Recovery Note: COVID-19 related item

Contact(s) name, title, department: Michelle Galindo, Assistant Director, Health Services, Precinct 2

Attachments (if applicable): UTHealth Trauma and Resilience Center: PROPOSAL